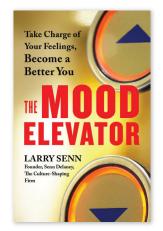
the mood elevator

grateful
wise, insightful
creative, innovative
resourceful
hopeful, optimistic
appreciative
patient, understanding
sense of humor
flexible, adaptive

flexible, adaptive curious, interested impatient, frustrated irritated, bothered worried, anxious defensive, insecure judgmental, blaming self-righteous stressed, burned-out angry, hostile depressed



themoodelevator.com

contact:

info@themoodelevator.com